



FAMILIES UPDATE WEEK 38

12th July 2024

Dear Parent/Carer

Yesterday, the Church celebrated the feast of St Benedict, abbot, patron of religious orders. St Benedict is considered to be the father of Western Monasticism and wrote the book on monastic life.

The Gospel of the day gives the first rules for a holy life. The disciples are told to go out and share the word. They are to tell the people that the Kingdom of Heaven is at hand. It's now. The disciples are the first to share the good news, to minister to the people. They are told to heal the sick and to cast out demons. They are told to do it because it is the right and appropriate thing to do, not to get rich, but to help people. The disciples are told to help others and to tell their story.

This is the basis of the church, the basis that St Benedict built on. These are the beginnings that we should all remember even today. We have a Gospel to proclaim and it is good news for all throughout the earth.

(based on an Ignatian reflection)

How can we help others? How can we share the Gospel message?

Wishing you a restful and restorative weekend.

Yours sincerely

Daniel P. Murray
Headmaster

Arrangements for the end of the Academic Year

The Easter Term and the Academic Year end Friday 19th July 2024. As in previous years, the school will close earlier than usual on this day. Pupils in Year 7-10 will have a staggered exit by Year Groups beginning at 1.00pm until 1.15pm. The school office will remain open until 3.00pm, closing one hour earlier than usual.

If for any reason your son needs to remain in school until 3.00pm as usual, please contact your son's Head of Year, so that the appropriate arrangements can be made. The scholars service will run at the usual time for any pupil remaining in school until 3.00pm.

Arrangements for START of the NEW Academic Year

The first day of the Michaelmas Term and the new Academic Year is **Wednesday 4th September 2024**. All pupils should be on site by 8.30am and so that they can be in their Form Class for a prompt start at 8.40am.

The Fox and Hounds Gate will close at **8.30am** and the Gretna Road will close at **8.35am**.

School Office

In the first week of the school holidays (week beginning Monday 22nd July 2024) we will be holding our Year 6 Summer School and therefore the school office will be open. See table below for school office opening hours for the remainder of the summer break:

Week	Dates	School Office Opening Times
1	Week commencing 22 nd July 2024	Open 8:00am – 4:00pm
2	Week commencing 29 th July 2024	Open 8:00am – 4:00pm
3	Week commencing 5 th August 2024	Open 8:00am – 4:00pm
4	Week commencing 12 th August 2023	Open 8:00am – 4:00pm
5	Week commencing 19 th August 2024	Open 8:00am – 4:00pm
6	Week commencing 26 th August 2024 (With the exception of Monday 26 th August)	Open 8:00am – 4:00pm

Uniform Sales

Our uniform suppliers can offer the opportunity to purchase uniform during the Summer School or during Week 6 of the summer holidays.

Day	Date	Time	Venue
Wednesday	24 th July 2024	10.00am – 3.30pm	History (access via Student Reception)
Thursday	25 th July 2024	10.00am – 3.30pm	History (access via Student Reception)
Friday	26 th July 2024	10.00am – 3.30pm	History (access via Student Reception)
Thursday	29 th August 2024	10.00am – 3.30pm	History (access via Student Reception)
Friday	30 th August 2024	10.00am – 3.30pm	History (access via Student Reception)

Thank you to parents/carers for your continuing support in ensuring the highest standards of school uniform. Before the start of the new academic year, we wish to remind all parents/carers and pupils of our uniform and appearance rules as set out in our Uniform Policy (available on our [website](#)).

Please ensure that any new items purchased for school are in keeping with the Uniform Policy.

- Ties are to be done up and worn from the neck to the waist.
- Socks are to be plain grey or black (white socks are not acceptable).
- Shoes are to be black leather, plain, formal, and polished. Laces and stitching are to be black.

Pupils who fail to wear uniform correctly will be dealt with according to the School's Behaviour Policy.

All items provided by The School Outfit have been approved by the school and can be purchased from their [website](#).

General Information

Recycled Uniform: If your son's uniform is too small for him, but is in reasonable condition, can you please consider donating it to school, so that we have a stock of uniform here? This will help to support other families.

Library: All library books must be returned to the library before the last day of term. At this time we cannot allow boys to borrow books over the holidays. However, thousands of ebooks and audiobooks are available to enjoy over the summer holidays. These can be accessed from the school website [here](#). All login details for ebooks and audiobooks can be found on this webpage. Any questions contact: library@scchs.org.uk

Smile's Summer Programme 2024: Sport and Physical activity sessions and events for young people with additional needs. Please see [here](#) for information regarding booking and costings for activities which will run over the summer holidays.

Co-Curricular PE Clubs		
Day	Lunch Time	After School
	12.20pm - 12.55pm	3.15pm - 4.15pm
Monday	Cricket Club (All Years)	
Tuesday	Year 10 - 11 Exam PE Table Tennis Year 10 & 11 Fitness Club Year 7 & 8 Climbing Club	Tennis Club (Year 7, 8 & 9)
Wednesday	Table Tennis (Year 7 & 8) Year 10 & 11 Fitness Club Running Club (Year 7, 8 & 9)	Tennis Club (Year 9 & 10)
Thursday	Dodgeball (Year 7 and 8) Year 10 & 11 Fitness Club	Cricket Club (All Years)
Friday		

Exit from school: At the end of all home and away fixtures, if pupils are being collected by parents and carers, they should be picked up at the Gretna Road entrance to the school.

PE Kit: Could we please remind parents that pupils/students must bring PE kit to **every** lesson? If a pupil is ill or injured, please write a note stating what the issue is and the PE staff will provide the pupil with another role within the lesson ensuring that their learning and progress continues.

Lost PE Kit: At the end of each academic week, any PE kit that has been left in the PE Department will be transferred to student reception.



Please follow [StCuthbertsCC](#) on Twitter for updated results.



Sixth Form

Northumbria University campus visit: Our Year 12 students visited Northumbria University this week and took part in a range of seminars and workshops including critical thinking, academic writing and Degree Apprenticeships. All information which will support and assistance the students in their studies next year and also in their time Beyond St Cuthbert's.

Oxbridge Trust Event: We hosted the first Bishop Bewick Trust Oxbridge event this week, with 35 Year 12 students attending from across the Trust secondary schools. The conference consisted of admission and interview workshops, Alumni Q and A sessions and then student presentations with interview questions. Student feedback on the event was incredibly positive.

Careers Development

My Big Career newsletter: Take a look at the latest [newsletter](#) from my Big Career offering some great opportunities.

Careers Team Newsletter: In addition to the support offered here at St Cuthbert's Newcastle Careers team will be able to offer your son support on results days in partnership with Northern Directions and My Big Career.org. Read the summer newsletter [here](#) for more information and find out more about other opportunities as well.

PSHE at Home

	Big Question	Sub-unit	Week 38 lesson title	PSHE at home Task
Year 7		All about me; a consideration of my skills, qualities and personality and how does this link to my future goals?	The Buzz; a personality quiz linking skills and qualities to future pathways.	This week your son has thought about their personality and how it could relate to their future career. Why is personality related to Careers? Find out more from the creator of The Buzz - David Hodgson https://icould.com/stories/getting-behind-the-buzz-quiz/
Year 8	How do I become ready for work?	How can I develop the required skills for education and employment?	Choosing my options; how will my GCSE courses & co-curricular activities will help to shape my future?	This week your son has learnt about the importance of choosing their GCSE options. How could you and your son find out more? Go to the Career Pilot website and watch the video to help you navigate these choices in preparation for Y9. https://careerpilot.org.uk/parent-zone/choices-at-14 Go to my world of work to look at the Option choices tool https://www.myworldofwork.co.uk/my-career-options/where-can-option-choices-take-you

Year 9		Future Me; where do I want to go and how do I get there?	What is a Growth mindset and how do I develop it?	<p>This week your son has considered what a Growth mindset is and how to develop it.</p> <p>There is a tool kit available for you and your son to download and work through.</p> <p>Open this document</p> <p>https://www.mindsetkit.org/growth-mindset-parents</p>
Year 10		How can I prepare myself for next steps after Year 11 and beyond?	Who are Global bridge and how do I develop my profile?	<p>This week your son has learnt about Global bridge and developed his profile.</p> <p>Encourage him to keep adding to his profile as he gains more experience and qualifications</p> <p>https://new.myglobalbridge.com/Login?returnUrl=%2F</p>
Year 12	How do I become a man for others?	How can I help create a world of 'justice, truth, peace and love'?	How can I respond if someone may be being radicalised?	<p>This week your son has debated the question 'How can I respond if someone may be being radicalised?'. Watch the video to discuss the importance of knowing what radicalisation may look like and who to contact if you suspect someone is being radicalised.</p> <p>How to Prepare for An Interview - https://www.youtube.com/watch?v=qpkegRmPgis</p>

Words of the Week

There are no new words of the week this week, as this week the next vocabulary review will take place. For reference, here are the words from the last few weeks:

Year 7	compensate; hypothesis; hierarchy; formula
Year 8	contrary; comprehensive; dynamic; isolate
Year 9	enhance; empirical; stimulus/stimuli; ostentatious
Year 10	finite; advocate; penultimate; ultimate

Numeracy Brainteaser

The answer to last week's numeracy teaser is 410; first digit is the difference of the numbers.

Then the second/third digits are the sum of the numbers. We will start back up next academic year. Enjoy your Summer holidays when they arrive!

Parish News

Newcastle City Centre (St Mary's Cathedral, St Dominic's, St Michael's and St Andrews): Click [here](#) for the latest parish newsletter.

Confirmations 2024- The confirmation course for those between 14 and 18 years of age will begin at St Mary's Cathedral on Tuesday 3rd September at 7.00pm and each Tuesday thereafter at 7.00pm with the Confirmation itself with Bishop Stephen on Tuesday 8th October. Application forms are available at the back of church and when completed should be handed to one of the clergy.

All Saints Parish (St Bede's and St George's Churches): Click [here](#) for the latest parish newsletter.

Fundraising for the Little Sisters of the Poor: David and Teresa O'Neill raise funds for the Little Sisters at St Joseph's Home by collecting & sorting used postage stamps (any period or country), foreign currency (notes & coins from any country or period), old, broken or unwanted pieces of gold & silver (even earring backs) & military medals which no longer have meaning for the families. To date they have raised over £21,200 which helps the Sisters run St Joseph's. If you are able to help, please contact David & Theresa O'Neill, 34 Morston Drive, Newcastle upon Tyne, NE15 7RZ, Tel: 0191 264 5771.

Pie and Peas Supper: There will be a Pie & Peas Supper at St George's Club on Thursday 18th July at 7.30pm with Bingo, quiz and raffle. Tickets: £5. Everyone is welcome.

St John Vianney's, St Cuthbert's Throckley and St Mark's: Click [here](#) for the latest parish newsletter.

Don't forget to book for the Youth 2000 Summer festival in Ampleforth Abbey August 23-26 <https://www.youth2000.org/events/summerfestival2024> Please see the poster at the back of church.

Would you like to be an Altar Server? If you have made your First Holy Communion and would like to learn how more about the Mass and how to serve at the Altar. Please speak to Fr Damian or Fr Paul after Mass.

English Martyrs, St Robert's and St Cuthbert's Kenton: Click [here](#) for the latest parish newsletter.

Holy Island Camp has a limited number of places available on weeks 3, 5 and 7 for children in school years 5-7. A week's holiday costs £150 for food, accommodation, activities & transport by coach from Tyneside. There are still some assisted & free places. The holiday is a traditional one with lots of fun, sports, craft activities & excitement. For further details please visit <https://svp.org.uk/microsite/holy-island>

Prayers

Pray with the Pope: The Holy Father's Monthly Prayer Intentions Brought to you by Apostleship of Prayer the first Friday of each month. You can access these prayers [here](#).

Prayer for the Week: This week's prayer is a prayer attributed to St Benedict.

*O gracious and holy God,
give us wisdom to know you,
intelligence to understand you,
diligence to seek you,
patience to wait for you,
eyes to behold you,
a heart to meditate upon you,
a life to proclaim you.
to the power of the Spirit of Jesus Christ,
Amen.*

Our Lady, Seat of Wisdom, pray for us.

St Cuthbert, pray for us.

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